



## HM Forces BupaCare Scheme

# Additional information to the membership guide

To be a member of the HM Forces BupaCare health insurance scheme, you and any of your dependants must meet the criteria set out below. This leaflet should be read in conjunction with the HM Forces BupaCare health insurance membership guide and your membership certificate.

### Who can join the HM Forces BupaCare health insurance scheme as a main member?

Serving or retired members of the British Army, Royal Navy, Ministry of Defence and Royal Air Force or their partner, aged 16 or over.

### Who can be added as a dependant if you join HM Forces BupaCare scheme as a main member?

- Your partner.
- Your children, or your partner's children, up to the age of 21 or 24 if in full-time education or when they get married, whichever happens first.

In order to take out health insurance with Bupa you and your dependants must:

- at the start date have been registered continuously with a GP/Medical Officer for a period of at least six months, or have access to and be able to provide your full medical records in English

- be a UK resident, including where you or your partner are stationed or working outside the UK as required by HM Forces
- not receive payment for taking part in sports.

### When would my scheme renew?

This scheme renews on each anniversary of your start date.

### How do I prove I qualify to take out a policy?

You need to confirm that you or your partner are a serving or retired member of the British Army, Royal Navy, Ministry of Defence or Royal Air Force. To do this, you or your partner will need to complete an application form and provide one of the following:

- HM Forces Services number
- photocopy of HM Forces payslip
- photocopy of HM Forces identity card
- photocopy of HM Forces pension statement.

By joining the HM Forces BupaCare scheme you agree to the eligibility criteria set out in this leaflet.

For more information about joining the HM Forces BupaCare Scheme and the benefits available, please contact HM Forces Health\*

☎ **0800 652 2018** (UK)

☎ **+44 1929 477 300** (Overseas)

@ **info@forceshealth.co.uk**

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